

PLAN OF THE WEEK

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Command Column

CDR J. S. Burhoe

Executive Officer It is hard for me to think of a better way to start the day than by having a personnel inspection, then presenting awards and recognition to deserving crewmembers. The only thing that could have been better this morning would be to have about 20 degrees more heat, and 20 knots less wind.

Nonetheless, it was great to see the entire Training Center dressed up and so squared away. This morning also made interesting conversation about the "new" Coast Guard gig-line, and other such inspection day topics of conversation.

It was clear to me that while everyone who received recognition deserved it, MK3 Solivan stole the show when his picture perfect and proud family walked across the stage to be with him. I'm sure it was a pleasant surprise to Petty Officer Solivan and an important reminder to the rest of us about what is truly important.

I was also very impressed this morning with the special award presented to LT Malloy. The American Red Cross approached us nearly a month ago about doing something special, and we worked out every detail of the surprise, except telling Marty. It was well deserved recognition to someone who went way beyond the call in carrying out his collateral duty as Blood Drive Coordinator. Thanks, LT Malloy.

"Welcome Aboard"

The following personnel have recently reported aboard TRACEN Yorktown: Richard Hylton, Environmental Engineer, Facilities Engineering Division; Tony Urban, Sports and Fitness Director, MWR Section; Jeffery Wapner, Recreation Aide, MWR Section; Loney Nunemaker, Instructional Systems Specialist, Performance Technology Center; and Michael Vest, Training Specialist, Performance Technology Center.

Thoughts from Last Week:

--- A new International Maritime Officers Course reported aboard with 13 students from around the world. Thanks to all those who volunteered to be sponsors for this class.

--- Captain Sande met with TRACEN staff, planners from HQ, and commanding officers from various units participating in JCOC. This major event will take place on Thursday, 4 May, followed by CG Missions Day on the 5th.

--- Planning continued for the 7 June Change of Command Ceremony. While participants in the ceremony will be wearing full dress whites, the rest of the officers, crew, and guests will be wearing tropical blue long with combination caps.

--- The Work/Life Staff from ISC Portsmouth provided mandatory training on CISM, Suicide Awareness, and Workplace Violence. If you were unable to attend the mandatory training, LCDR East will be scheduling a "stragglers session" very soon.

A Look Ahead:

14 APR: 0830, RD "A" 02/03-00 Graduation, Canfield, Rm 205.

14 APR: 1300, MK "A" 11-00 Graduation, Martin/Elbert Breezeway, MKC Mullens, x2599.

14 APR: 1400, Retirement Ceremony for MCPO Schiller, USCGR, Port of York.

15 APR: 1000-1300, Youth Easter Egg Hunt & Brunch, MWR Gym, Connie Cook-Hudson, x2312, or Carol Schmehl, x2009.

16-22 APR: Gloucester High NJROTC Boot Camp, LT Tyson, x2709.

18 APR: 1330, Quarterly OODs' Meeting, Mini-Auditorium, ENS Chamberlin, x2136.

19 APR: 1330, Division Chiefs' Meeting, Command Conf Rm.

Important Items to Know:

⚓ April is National Child Abuse Prevention Month. This year's national theme, "Teaming up to keep kids safe at home," embodies the Coast Guard Family Advocacy Program (CGFAP) Philosophy that partnership between CGFAP and commands is essential to keeping our children safe. For more information, see ALCOAST 147/00.

⚓ 20 APR: 1000, Buoy Tender Systems Study (BTSS), Mini-Auditorium, CAPT Tim Sullivan, D9 (oan), Guest Speaker. For more information or to reserve a seat, contact CDR David Stevenson, Operations Branch Chief, x2175, or email.

⚓ There will be a CPR (adult, child, infant) class held on April 27th & 28th (class is split into a few hours in two days). The class is open to all TRACEN personnel. There are 20 slots open, but they will be filled on a first come, first served basis. Please submit your name, rank, and telephone extension no later than 14 April, via email or phone to HS2 Allen, x2230, or YN3 Getter, x2033.

⚓ TRACEN is looking for highly motivated Perm Party personnel to be involved with a specific "A" School class twice a week from 0600-0640. TRACEN's goal is to encourage these future Petty Officers to adopt a Wellness and Fitness lifestyle. The "A" School Fitness Program has been a success, thanks to the outstanding assistance of the officers and petty officers at TRACEN who have devoted a few hours a week to mentoring our future leaders. To volunteer, contact YN3 Kimberly Neubecker, x2184.

Web sites:

For a web site on the Engineering Logistics Center:

<http://www.uscg.mil/hq/elcbalt>

Learn more about the Deepwater Project, at:

<http://www.uscg.mil/hq/g-a/deepwater>

Ultrathin military ribbons web site:

<http://www.ultrathin.com/orderfrm.htm>

Work request must be submitted directly to the Work Order Desk in Facilities Engineering Division. To download request forms:

<http://rtcs10net.rtc.uscg.mil/newwo/index.htm>

Chaplain's Corner:

Worship Opportunities at Olde Yorke Chapel:

0945 & 1630 Sunday Roman Catholic Mass

1100 Sunday Protestant Worship

1145 Daily Roman Catholic

0630 Promise Keepers on Tuesday & Thursday

1140 Ladies Bible Study every Thursday

There is also a mid-week Bible study at the Chapel every Wednesday, from 1140-1230. This is open to all personnel and their families.

Tricare Tip:

INPATIENT MENTAL HEALTH SERVICES

(Last week we discussed Outpatient mental health services)

If a Tricare enrollee requires inpatient mental health services, the mental health facility must contact a Mental Health Care Finder to get a preauthorization before providing these services. No preauthorization is required for admission in an emergency, but a request for authorization should be made to the Mental Health Care Finder within 24 hours. An admission is considered an emergency when a evaluation is performed by a physician or a qualified mental health care professional. This step is taken when the patient is at immediate risk of serious harm to self or others as a result of a mental disorder and requires immediate continuous observation at an acute level of care.

Remember, if you are a Tricare Prime enrollee and you are treated by non-network mental health provider or non-network facility, services will be covered under the Point of Service option (\$500 deductible and 50% cost share) unless the Mental Health Care Finder specifically authorized non-network services. For more information, call your TRACEN HBA Kathryn Loveland, or call the Tricare Service Center 1-800-931-9501. You can visit Tricare on the web at: <http://www.tricare.osd.mil>

"I don't know what your destiny will be, but one thing I know; the only ones among you who will be really happy are those who will have sought and found how to serve."

--- Albert Schweitzer'